

Ten Things to Do During At-Home Learning

1. Set up a routine (See example below). Enter into the rhythm of family prayer. Angelus, Rosary, Scripture, reading, quiet time. Make a daily visit to Jesus through sacred scripture, prayer, or a streamed version of the Holy Mass.
2. Read to your children---novels, short stories, fairy tales, poetry. Perhaps, select a book for a family reading book.
3. Beautify your environment: yard, garden, interior spaces. Share pictures on your school's Facebook or Instagram page.
4. Hike or walk outside. Let the little ones start a nature collection. Examine their collection and see their likenesses and differences.
5. Practice the art of attention by rendering. Sketch a still life together.
6. Make music: Sing! Play instruments. Create instruments. Listen to great music—with no headphones, everyone hearing the same piece.
7. Ponder a masterpiece.
8. Commit your favorite piece to memory, and recite pieces in the family.
9. Get a compass and straightedge and learn to do math constructions: circle, perpendicular bisector, angle bisector. Imitate great designs and make your own.
10. Go out and gaze the stars. Identify the constellations.

Sample Routine for Home

When you make your own, it might be better to leave exact times off.

7:00 Wake up Dress & tidy up Morning Offering 7:30 Breakfast and help clean up 8:00 Language time: Read a story and discuss it. Children read to one another. 9:00 Number time 10:00 Outside play--walk, spend 15 minutes working on the yard 11:00 Beautification time--make something at home more beautiful Art time 12:00 Pray the Angelus Lunch and clean up 1:00 Outside time Play Nature Study 3:00 Quiet time Visit Jesus in the Blessed Sacrament Read Write in a journal Memory--work on learning a poem by heart 6:00 Dinner and clean-up 7:00 Music and recitation time 7:30 Family prayer, Rosary 8:00 Bedtime