

127 - WORKBOOK ps. 97

READ ps. 127-128

discipline

John 8:1-11 GOD IS....



INFINITELY  
MERCIFUL

"Neither do I  
condemn you"



PERFECTLY  
JUST

"Go and from now on,  
do not sin any more."

IF WE FORGET... THAT GOD IS MERCIFUL

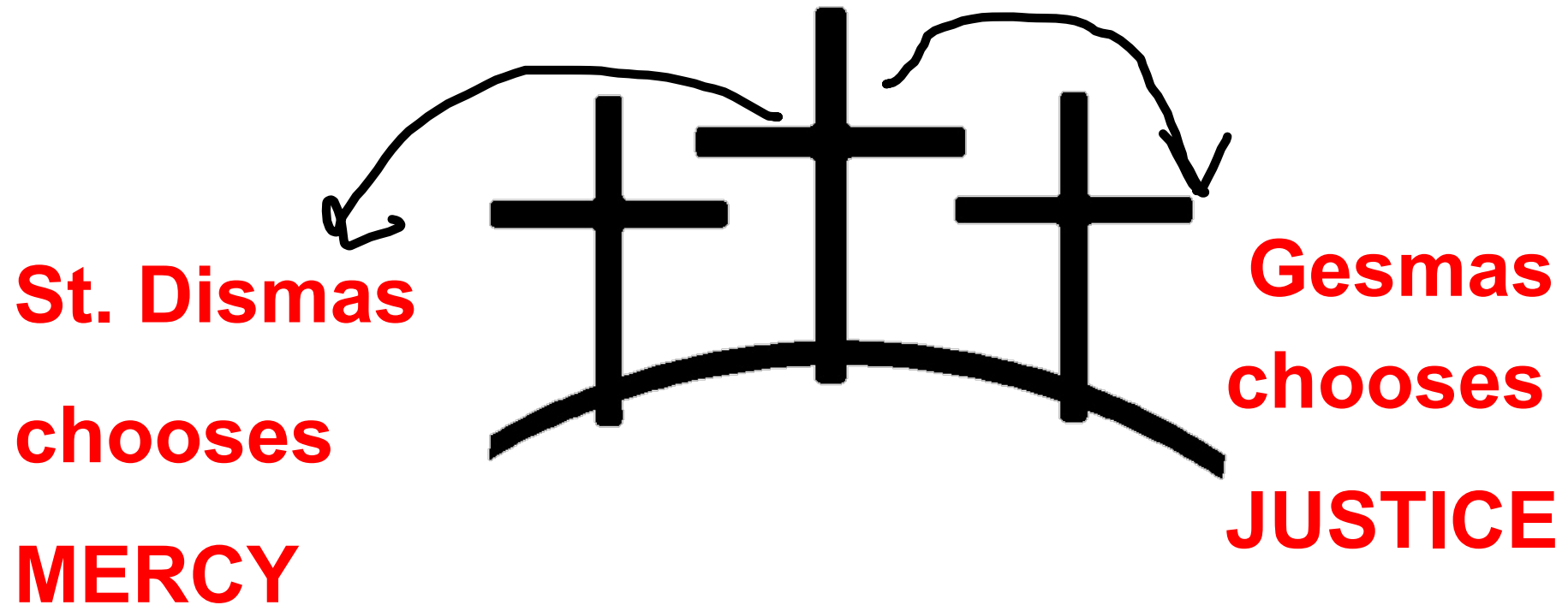
1) Self-righteousness

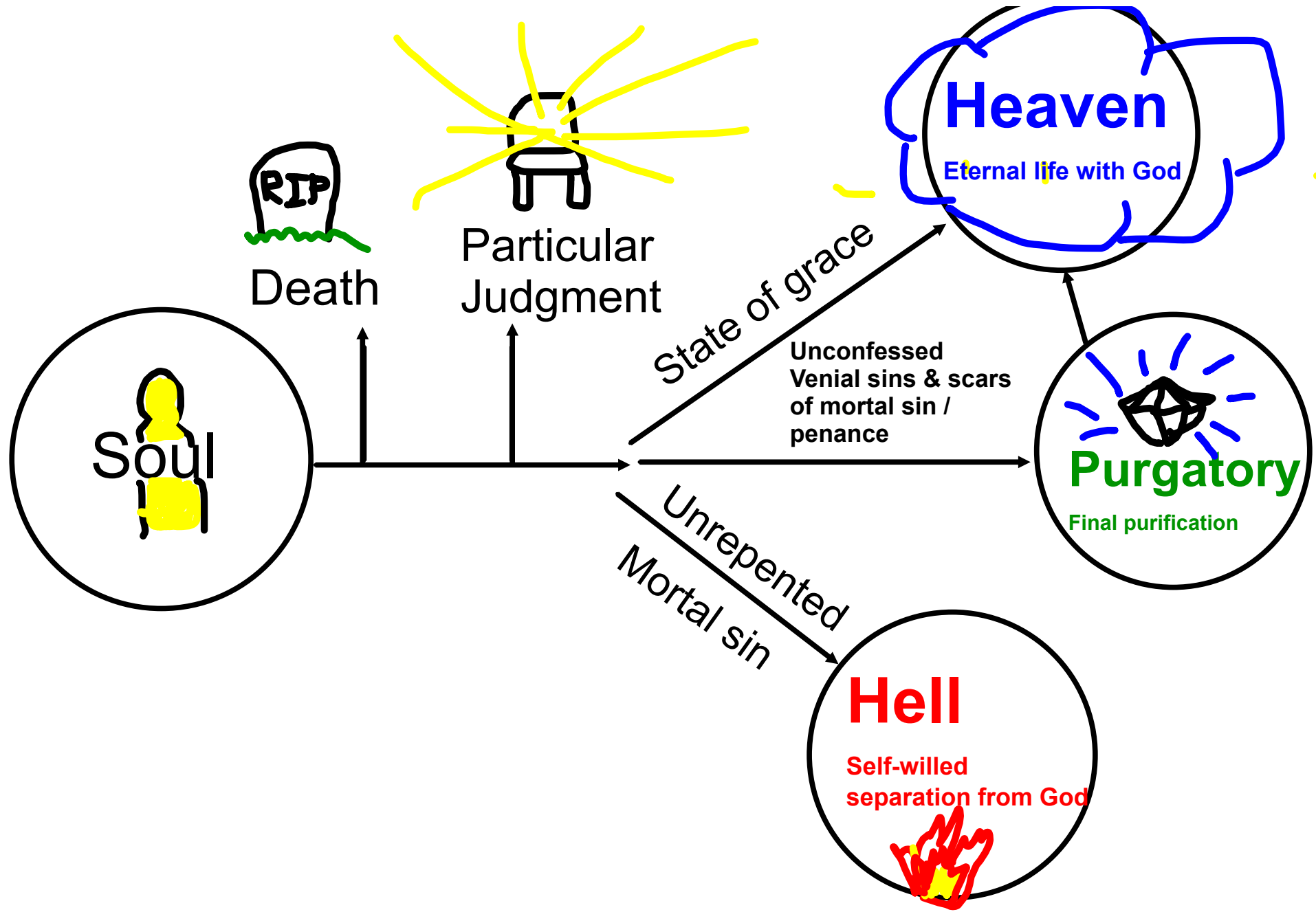
2) Scrupulous (despair)

WBK 98

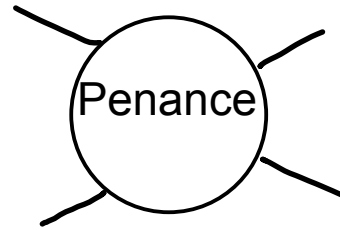
Read Luke 23:39-43

How is this event an example of God's mercy and justice?





128 What are examples of penance?



What would not be a penance?

**Examination of Conscience** A time of reflection that helps us to know which sins we commit and how often to avoid them in the future.

What are the ways in which we commit actual sins?

Thoughts? Words? Deeds? Omission?



Contrition  
Sorrow for your sins

I. Perfect contrition      II. Attrition --> imperfect contrition

Because they offend God      Because we fear punishment

O my God, I am heartily sorry for having offended you, and I detest all my sins, because of Your just punishments, but most of all because they offend You, my God, who are all-good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasion of sin. Amen.

## Penance

- making up for sin

what the priest tells you to do at the end of confession.

prayers, actions that help us identify with Jesus' sufferings since those sufferings paid for our sins.

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Not eating before meals

volunteering to do the slides after meals

Review Sin and Mankind Ch 24  
questions on study guide- quiz  
Thursday

temptation

sin

original sin

actual sin

mortal sin

venial sin

thought, word, deed, omission

object, intention, circumstance

